

ARMY PUBLIC SCHOOL RANGAPAHAR

SPORTS CALENDAR

Month	Sports Activity	Classes (I to V)
Jul 2023	PT Exercise Frog Jump	I to V
August 2023	Races – 30 m and 50 m	I to V
September 2023	Zumba and Martial Arts	I to V
October 2023	Foot Ball	IV to V
November 2023	Kho- Kho	IV to V
May 2023	PT Exercise	VI to X
July 2023	Volley Ball	VI to X
August 2023	Basket Ball	VI to X
September 2023	Athletics	VI to X
October 2023	Table Tennis and Badminton	VI to X
November 2023	Foot Ball	VI to X
January 2023	Kho- Kho	VI to X